



NRS Criterium Timing Regulations

Background

The National Road Series is the premier domestic cycling series in the Oceania Region. This has been achieved through consistent and innovative delivery of the sport. The series provides the highest standards of safety and racing for the best road riders in Australia. NRS events are designed to engage with communities across the country to deliver community, commercial and economic outcomes for all stakeholders.

The purpose of this document is to provide riders, teams and Commissaires with details in relation to Criterium **Timing Regulations during NRS Tours**

NRS Standard

- All competitors must complete the criterium stages
- Lapped rider must be withdrawn officially by race officials for the above standard to be implemented and an officially withdrawn rider is considered to have completed the stage and is permitted to continue in next stage.
- Rider withdrawing from race under their own will be considered as retiring and will be classified as a stage DNF and is not permitted to continue in the next stage.

Criterium Configuration

- All criteriums must be run to set number of total laps

Pulled Riders

In the case that a rider is pulled from the event they will be given the final time of the final finisher plus calculated additional time.

Number of Laps Not Completed	% of winners average lap time
1	100%
2	110%
3	120%
4	130%
5	140%
6	150%
7	160%
8	170%
9	180%
10	190%
11+	200%
Genuine effort 50% or less of race	250%

How to implement

Winners Average lap time: 3:15

Winners Average lap in secs 195 seconds

Time behind of final rider: +10 seconds

Rider A pulled at 2 laps

110% rule applies= 214 seconds

Final Rider is 10 seconds behind

Rider A is 3:34 down on GC

Rider B pulled at 8 laps to go

170% rule applies = 332 seconds

Final Rider is 10 seconds behind

Rider B is 5:42 down on GC

Rider C: less than 50%

250% rule applies = 488 seconds

Final Rider is 10 seconds behind

Rider C is 8:18 down on GC